

Paramount Community Heights

May 2019

		1	2	3
		Deli Sub Lunch	Beef & Bean Burrito Fresh Carrots, Assorted Fruit	BBQ Rib Sandwich Green Beans, Assorted Fruit
6	7	8	9	10
Breakfast For Lunch	Grilled Hot Dog Fries & Assorted Fruits	Chicken Tenders w/ Roll Tatar Tots & Assorted Fruits	Penne Pasta & Meat Sauce Green Beans & Assorted Fruits	Grilled Cheese Sweet Corn, Assorted Fruit
13	14	15	16	17
Mini Corn Dogs Fresh Cauliflower & Broccoli, Assorted Fruits	Deli Sub Lunch	Chicken Nuggets French Fries, Assorted Fruits	Pizza Sticks w/ Marinara Green Beans, Assorted Fruit	BBQ Diced Chicken Sandwich Fresh Carrots, Assorted Fruit
20	21	22	23	24
Cheeseburger Tomato Cucumber Salad & Assorted Fruit	Italian Pizza Sub Broccoli & Assorted Fruits			
27	28	29	30	31
Memorial Day				

Weekly Breakfast

Monday – Cinni Mini
 Tuesday – Benefit Bars
 Wednesday – Cereal Bar w/ Crackers
 Thursday – Apple Frudel
 Friday – Pop-Tart w/ Bug Bites

1% & Skim Milk Available

In addition, an assortment of Fruit, Fruit Juice, & Veggies are offered daily