

# Paramount Community Heights

April 2019

1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
<b>Mini Corn Dogs</b> Fresh Cauliflower & Broccoli, Assorted Fruits	<b>Breakfast for Lunch</b>	<b>Chicken Nuggets</b> French Fries, Assorted Fruits	<b>Pizza Sticks w/ Marinara</b> Green Beans, Assorted Fruit	<b>BBQ Diced Chicken Sandwich</b> Fresh Carrots, Assorted Fruit
<b>Cheeseburger</b> Tomato Cucumber Salad & Assorted Fruit	<b>Italian Pizza Sub</b> Broccoli & Assorted Fruits	<b>Crispito (2)</b> Green Beans & Assorted Fruits	<b>Deli Sub Lunch</b>	<b>Country Fried Steak Sandwich</b> Sweet Corn & Assorted Fruits
<b>Salisbury Steak w/ Roll</b> Mashed Potato w Assorted Fruit	<b>Boneless Chicken Wings</b> Celery & Assorted Fruits	<b>Breakfast For Lunch</b>	<b>Sloppy Joe</b> Broccoli & Assorted Fruits	<b>Mac N Cheese w Ham</b> Green Beans & Assorted Fruits
<b>Beef Nacho</b> Sweet Corn, Assorted Fruit	<b>Chicken Patty Sandwich</b> Fresh Broccoli, Assorted Fruit			

**Weekly Breakfast**  
Monday – Cinni Mini  
Tuesday – Benefit Bars  
Wednesday – Cereal Bar w/ Crackers  
Thursday – Apple Frudel  
Friday – Pop-Tart w/ Bug Bites

**1% & Skim Milk Available**

**In addition, an assortments of Fruit, Fruit Juice, & Veggies are offered daily**