

Paramount Community Heights

March 2019

				1 Grilled Cheese Sweet Corn, Assorted Fruit
4 Mini Corndogs Fresh Cauliflower & Broccoli, Assorted Fruit	5 Hot Dogs Baked Beans, Assorted Fruit	6 Chicken Tenders w/ Roll French Fries, Assorted Fruit	7 Pizza Sticks w/ Marinara Green Beans, Assorted fruit	8 Diced BBQ Chicken Sandwich Carrots and Assorted Fruits
11 Beef Nacho Green Beans & Assorted Juice	12 Chicken Nuggets w/ Roll Sweet Peas & Assorted Fruits	13 Deli Sandwich Lunch	14 Beef & Bean Burrito Carrots & Assorted Fruits	15 Rib Sandwich Broccoli & Assorted Fruits
18 Cheeseburger Sliced Tomato & Assorted Fruit	19 Meatball Pizza Sub Broccoli & Assorted Fruits	20 Crispito (2) Green Beans & Assorted Fruits	21 Cheese Pizza French Fries & Assorted Fruits	22 Country Fried Steak Sandwich Sweet Corn & Assorted Fruits
25 Corn Dogs Green beans & Assorted Fruit	26 Boneless Chicken Wings Celery & Assorted Fruits	27 <u>Breakfast for Lunch</u> Sausage Biscuit Hash brown (2) & Assorted Fruits	28 Sloppy Joe Broccoli & Assorted Fruits	29 Spring Break

Weekly Breakfast

Monday – Cinni Mini

Tuesday – Benefit Bars

Wednesday – Cereal Bar w/ Crackers

Thursday – Apple Frudel

Friday – Pop-Tart w/ Bug Bites

1% & Skim Milk Available

**In addition, an assortments of Fruit, Fruit
Juice, & Veggies are offered daily**