

Paramount – Community Heights

February 2019

				1 Corn dogs Carrots and Assorted Fruits
4 No School	5 Chicken Nuggets w/ Roll Sweet Peas & Assorted Fruits	6 Popcorn Chicken w/ Roll Baked Beans & Assorted Fruits	7 Beef & Bean Burrito Carrots & Assorted Fruits	8 Sack Lunch
11 Penne & Meat Sauce Tomato Cucumber Salad & Assorted Fruit	12 Pizza Sub Broccoli & Assorted Fruits	13 Crispito (2) Green Beans & Assorted Fruits	14 Cheese Pizza French Fries & Assorted Fruits	15 Country Fried Steak Sandwich Sweet Corn & Assorted Fruits
18 Presidents Day	19 Boneless Chicken Wings Celery & Assorted Fruits	20 <u>Breakfast for Lunch</u> Waffle & Sausage Hash brown (2) & Assorted Fruits	21 Sloppy Joe Broccoli & Assorted Fruits	22 Swiss & Bacon Burger Green Beans & Assorted Fruits
25 Chicken Drumstick W/ Roll Broccoli & Assorted Fruits	26 Grilled Hot Dog Pop-chips & Assorted Fruits	27 Chicken Tenders w/ Roll Tatar Tots & Assorted Fruits	28 Sack Lunch	

Weekly Breakfast

Monday – Benefit Bars w/ Fruit
 Tuesday – Cream Cheese Bagel w/ Fruit
 Wednesday – Pop-tart w/ Bug Bites & Fruit
 Thursday – Cereal Bar w/ Goldfish & Fruit
 Friday – Muffin & Scooby Snacks w/ Fruit

1% & Skim Milk Available

In addition, an assortment of Fruit, Fruit Juice, & Veggies are offered daily