

Breakfast & Lunch at PSOE

Paramount School of Excellence offers a free breakfast and lunch to all enrolled students.

Breakfast is served in the classroom between 7:30 AM and 7:55 AM. Classes begin at 7:55 AM.

Lunch is made fresh daily in the school kitchen. At PSOE, we do not fry any foods, or include any sweetened milk. We pay careful attention to plating, color, and balanced menus.

Because the health of our children is a top priority, parents are strongly discouraged from sending inappropriate foods (chips, sodas, candy, etc.) to school with their children. Students bringing these items to school will not be allowed to eat them during school hours. Parents and community members can find more information about involvement with our Wellness Policy by contacting the front office.

Information about Summer Food Service Programs (SFSP) can be found [here](#).

USDA is an equal opportunity provider and employer.